

200 Hour YTT 2023-2024

Thursday Teaching Schedule at House of Yoga, Newark, DE

Class	Dates	Class Time
"The Journey Within" In-Person Kick Off Day Retreat	23-Sep	9:00 a.m. - 5:00 p.m. Ashland Nature Center, 3511 Barley Mill Road, Hockessin, DE 19707
OR		Selection for the Kick-Off is made during registration
"The Journey Within" Online Kick Off	Prior to the first day of class	At your own pace
1	12-Oct	Thursday 5:30 - 10:30 pm
2	19-Oct	Thursday 5:30 - 10:30 pm
3	26-Oct	Thursday 5:30 - 10:30 pm
4	2-Nov	Thursday 5:30 - 10:30 pm
5	9-Nov	Thursday 5:30 - 10:30 pm
6	16-Nov	Thursday 5:30 - 10:30 pm
OFF	23-Nov	Thanksgiving Break
7	30-Nov	Thursday 5:30 - 10:30 pm
8	7-Dec	Thursday 5:30 - 10:30 pm
9	14-Dec	Thursday 5:30 - 10:30 pm
OFF	21-Dec	Christmas Break
OFF	28-Dec	Christmas Break
10	4-Jan	Thursday 5:30 - 10:30 pm
11	11-Jan	Thursday 5:30 - 10:30 pm
12	18-Jan	Thursday 5:30 - 10:30 pm
13	25-Jan	Thursday 5:30 - 10:30 pm
14	1-Feb	Thursday 5:30 - 10:30 pm
15	8-Feb	Thursday 5:30 - 10:30 pm
16	15-Feb	Thursday 5:30 - 10:30 pm
17	22-Feb	Thursday 5:30 - 10:30 pm
18	29-Feb	Thursday 5:30 - 10:30 pm
19	7-Mar	Thursday 5:30 - 10:30 pm
20	14-Mar	Thursday 5:30 - 10:30 pm
21	21-Mar	Thursday 5:30 - 10:30 pm
OFF	28-Mar	Easter Break
OFF	4-Apr	Easter Break
22	11-Apr	Thursday 5:30 - 10:30 pm
23	18-Apr	Thursday 5:30 - 10:30 pm
24	25-Apr	Thursday 5:30 - 10:30 pm
25	2-May	Thursday 5:30 - 10:30 pm
26	9-May	Thursday 5:30 - 10:30 pm
Fire Ceremony	10-May	Friday 4:00 - 7:00 pm, 111 S. Spring Valley Road, Greenville, DE 19807